



## Attached Climbing for Tower Work

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<b>Module purpose</b>	This module provides the learner with the knowledge and skills to climb towers using the attached climbing method.
<b>For whom</b>	All personnel required to climb towers and lattice type structures.
<b>Prerequisites</b>	Nil
<b>Summary of content</b>	<ul style="list-style-type: none"><li>• Prevention of Falls Regulations</li><li>• Assessment of hazards</li><li>• Climbing equipment<ul style="list-style-type: none"><li>• Harness, restraint lanyards, straps</li><li>• Karabina's, PPE</li></ul></li><li>• Visual inspection of equipment</li><li>• Use of suitable attachment points and equipment</li><li>• Correctly ascending a tower</li><li>• Correctly descends a tower</li></ul>
<b>Assessment</b>	The learning outcome will be assessed using the appropriate "Practical Assessment Sheet".
<b>Planned duration</b>	Training session: Initial: 4 hours Refresher: 2 hours Assessment: 15 minutes per participant. Maximum of 8 participants
<b>Frequency</b>	Annual Assessment / Refresher Training.