



Climb and Work Aloft

Module purpose	This module provides knowledge and skills in safe working practices required by personnel who are required to work at heights on poles and other structures.
For whom	All personnel required to work aloft, or who are required to assist a person working aloft.
Prerequisites	<ul style="list-style-type: none">• Health and Safety• CPR & Emergency First Aid
Summary of content	<ul style="list-style-type: none">• OH&S and enterprise standards and instructions relevant to working at heights• Protective apparatus & apparel for working at heights• Fall Prevention<ul style="list-style-type: none">• Regulations• Equipment - Harnesses, lanyards, pole straps, inertia reel - use, care and maintenance• Use, care and maintenance of ladders• Climbing & working aloft<ul style="list-style-type: none">• Safe Approach Clearances• Climbing techniques• Pre inspection of poles – Safe to Climb Test• Handlines, knots & tool bags• Practical tasks appropriate to work scope• Rescue from heights – appropriate to type of work
Assessment	Written and practical assessment
Planned duration	Training session: Initial: To be arranged to suit the client and the needs of the individuals and their scope of work. Maximum of 8 participants
Frequency	Annual Assessment / Refresher Training for the rescue procedures and safe approach distance components.